





Louisiana, ?

Louisiana Cookin' is the only national publication devoted to true connoisseurs of Louisiana's unique culture, cuisine, and travel destinations. Our mission is to provide our readers with the insider's guide to the best Louisiana foods, restaurants, culinary stops, and travel destinations throughout our 64 parishes. Each issue is full of specialty Cajun and Creole products, menu ideas, how-tos, and tips from amateur cooks and professional chefs alike. *Louisiana Cookin'* offers readers a glimpse into the ways of life of the unique individuals that give Louisiana a culture unto itself—and second to none when the subject is food.







Our Readers



Are Loyal & Passionate

Louisiana Cookin' readers are devoted to our publication and our brand. They trust our magazine to give them the very best Louisiana has to offer.

Spend an average of 1.9 hours with each issue

As a result of reading Louisiana Cookin' magazine:

- 89% have prepared a recipe
- 28% traveled to a featured location
- 45% dined in a featured restaurant
- **47%** purchased a product
- 25% attended an event

Prepare an average of **3 recipes** from each issue

73% are interested in attending Louisiana Cookin' events

Crave Cajun/Creole Cuisine

As the largest epicurean magazine in the nation focusing on Louisiana and Cajun/Creole cuisine, *Louisiana Cookin'* gives readers the taste they crave.

70% say their favorite style of cooking is Cajun/Creole

- Agree that the **3 most important elements** when preparing a recipe are: ease of preparation, unique flavor/taste, and authenticity
- Are the **most interested in authentic Louisiana** cookbooks, spices/mixes, coffee, and specialty desserts



Spend Money on Ingredients or Restaurants

There are plenty of ways to spend money on food and our readers are always searching for new ingredients and restaurants to try.

- Excluding ingredients on hand, nearly **51%** are willing to purchase **3 to 5 additional ingredients** to prepare a recipe
- **Over 64%** have purchased a specialty or hard-to-find ingredient online or at a specialty food store in the last 12 months

They dine out an average of 2 times per week

Source: 2013 *Louisiana Cookin'* Readership Survey



Our Readers



Travel to Louisiana

With all that Louisiana has to offer, it's no surprise that our readers love to travel and experience the state. And when it comes to food and events, they look no further than the pages of *Louisiana Cookin*' to plan their trips.

Travel to Louisiana an average of 3.6 times a year

- **60%** of readers are willing to travel **250 miles or more** to reach a Louisiana destination
- 85% said they are most interested in the Southeast region of Louisiana
- 88% are prompted to travel to Louisiana because of food

- **58%** are prompted to travel to Louisiana because of festivals
- **47%** said their favorite categories in the magazine, aside from recipes, are **travel and the event calendar**

69% travel to Louisiana destinations by car

29% travel to Louisiana destinations by air

Source: 2013 *Louisiana Cookin'* Readership Survey



-2014 Editorial

JANUARY/FEBRUARY Mardi Gras

Ad Closing/Materials: 10/22/13 | On-Sale: 12/24/13 King Cake History • Roux Revealed • Parade Sandwiches

MARCH/APRIL Spring Gatherings

Ad Closing/Materials Due: 12/20/13 | On-Sale: 2/25/14 Easy Crawfish Appetizers • Creole Easter Lunch Gumbo Z'herbes • Festival Foods

MAY/JUNE Seafood Issue

Ad Closing/Materials Due: 2/19/14 | On-Sale: 4/22/14 Cooking with Louisiana Craft Beers • Pickled Peppers The Ultimate Crawfish Boil

JULY/AUGUST Travel Issue

Ad Closing/Materials Due: 4/23/14 | On-Sale: 6/24/14 Smoked Ribs • 5 Tasty Weekend Road Trips Cajun-Style July 4th • Cajun Spice

SEPTEMBER/OCTOBER Restaurant Issue

Ad Closing/Materials Due: 6/18/14 | On-Sale: 8/19/14 Chefs to Watch • Cooking with Power (Emeril Lagasse) Couchon de Lait • Best Restaurants in Louisiana

NOVEMBER/DECEMBER Dessert Issue

Ad Closing/Materials Due: 8/20/14 | On-Sale: 10/21/14 Citrus • Christmas Eve Dinner • Bayou Oyster Roast Bread Pudding





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In Every Issue

Afield & Afloat Jay D. Ducote's ideas for preparing fresh seafood and wild game

Light & Fresh Holly Clegg's lighter take on tried and true Louisiana favorites

In Season Stories and recipes from Marcelle Bienvenu's life in South Louisiana

Chef's Table Features on Louisiana's hottest chefs and restaurants

Gatherings Menus and entertaining tips for every season

Louisiana's Best Editor's picks of the best in Louisiana, from po-boys to gumbos

Local Pantry Explores traditional Cajun and Creole ingredients and techniques

Swizzle Stick A unique cocktail from one of Louisiana's best watering holes



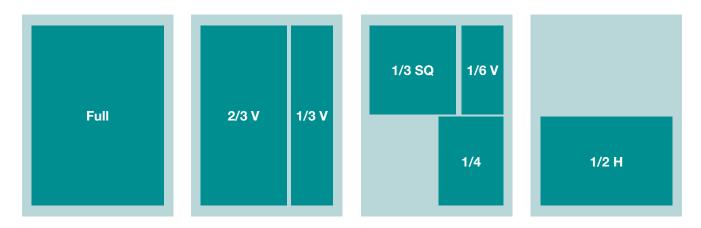
2014 Circulation



AAM Membership Applied For *As of November 2013

Mechanical Specs

Publication Trim Size: 7.875" x 10.5" Note: Keep all vital advertising material at least .25" from final trim edge.



Size	Non-Bleed	Bleed
Full Page	6.875" x 9.375"	8.125" x 10.75"
2/3 Page	4.5" x 9.375"	Available upon request
1/2 Page H	6.875" x 4.625"	Available upon request
1/3 Page SQ	4.5" x 4.625"	N/A
1/3 Page V	2.1875" x 9.375"	Available upon request
1/4 Page	3.375" x 4.625"	N/A
1/6 Page V	2.1875" x 4.625"	N/A



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Press-ready PDF required along with InDesign or QuarkXPress files, plus all images (EPS or TIFF), fonts (printer and screen-limit the use of TrueType fonts), color proof, and laser proof marked up for color. Excess expenses incurred opening files other than InDesign or QuarkXPress will be billed back to the advertiser/agency at actual cost. Pantone colors will be converted to process.

Please Note:

- We must receive color proofs with all creative.
- We are not responsible for color fluctuations or inaccuracies if a SWOP certified color proof is not provided.
- All materials not meeting all specifications on this info sheet could incur a production charge.

Maximum Ink Density: 290

Disk: CD-Rom, Mac

Document Format: InDesign; QuarkXPress

TIFF: Photoshop (minimum 300 dpi)

EPS: Photoshop (minimum 300 dpi); Illustrator (convert fonts to outlines and embedded graphics to CMYK)

PDF: Must meet high-end SWOP standards. Call for details.

All files sent, including camera-ready ads, pictures, logos, etc., must be a minimum of 300 dpi.